These rooms, opening on the front of the house along the corridor, do not run the full length of the house. A fourth, a back room, running across the back part may open on to the kitchen. Sometimes this room is only roughly finished and used for storage or sleeping purposes or both. A grandmother often takes the grandchildren (other than the infant) to bed with her in this room.

The kitchen is set off from the rest of the house by being on a lower level, perhaps one step. The kitchen usually has a hard dirt floor. Occasionally it is cemented. Sometimes it has a chimney, sometimes a hole in the side of the wall, which the curious smoke rejects in favor of a leisurely diffusion throughout the other rooms of the house. The kitchen is not part of the house in the sense that the other rooms are. The shoes are not removed when entering it. The kitchen opens out on to a stone or dirt path. Women frequently still eat in the kitchen because of its convenience and the need of going in and out to get water, or to wash vegetables, or to get food from the shed during the preparation of a meal.

The stove is basically an open hearth with a hole at the top for the cooking pan. There is also a hole directly below this into which the fuel can be placed. More elaborate stoves may have three tiers: one for the cooking, one for putting the fuel in, the lower for the ashes. The most simple, in the very poorest houses, are little more than a circular group of stones laid on the ground built up so that a pan can be placed on top. The most elaborate, made of stone, might run across the width of the kitchen and have several openings. Fuel, such as odd branches, sticks of firewood brought from the northern (Kunigami) region, crushed and dried sugar cane, or miscanthus grass of varying length is put part way into the fire and pushed further in as the ends are burned off.

The all stone house is smaller than the wooden house. It invariably has a tile roof, for those able to afford the stone can also buy the tile. The stone blocks used in house construction are usually about nine feet by one foot on the edge.[6] The stones used as posts are buried two feet in the ground leaving seven feet for the upright. These blocks, called ishibashida when used for house construction, have the same width and breadth; they can be cut to any desired length to even off the sides. The stones are layed like bricks with mortar to form the walls of the house. The all stone house is not common, and is usually seen in the south, where the stone is quarried, in Minatogawa, and in adjacent villages. These houses are more modern, and often bathing facilities are built in. The stone house has the advantage of being cool in summer, warm in winter.

Finally, there are the simple structures, resembling shacks or shanties more than houses. These are, as one would expect, more frequent in the areas of the war's operations. There are three main varieties, though the combinations are numerous: (1) the all grass house, now uncommon. The sides of this wattled house are usually of

6 Actually they are 9 x 1 x 1 shaku. A shaku is 0.994 feet.

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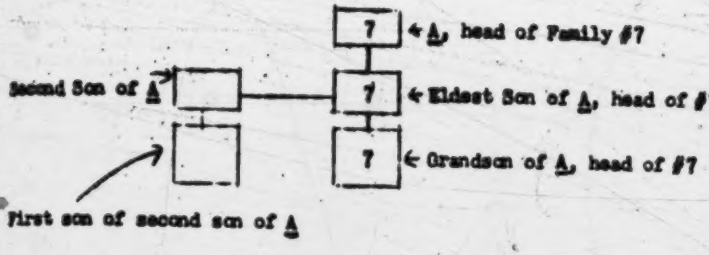

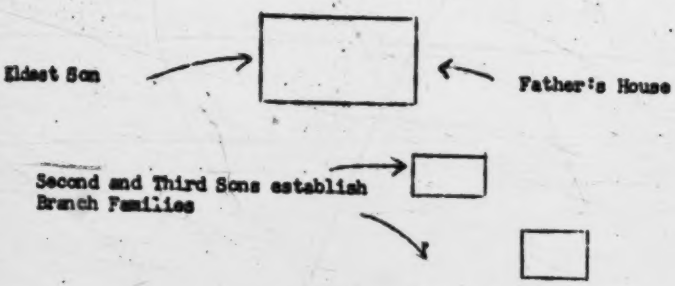

Daughters marry and go to Husband's Father's House or to Branch Families established by their husbands. [591]

The family system, through the succession of the first son to his father's house, prevents the extinction of the main family line, and at the same time creates branch families with close ties with the parent family. [611]

Lacking a son, adoption (to be discussed below) is available to provide against extinction of any family, but in Okinawan villages it has seldom been necessary to use it. [597]

The emphasis in the family system is on providing for the eldest son who succeeds to the father's estate. The sons other than the first must be prepared to accept little or nothing, in the case of the very poor, when they marry and separate themselves from the parental house. [428]

In these Okinawan villages, the second and succeeding sons (or younger brothers if the head of the house is the eldest brother) remain in the family until marriage, usually around 25. They do not live in separate houses, but may have separate rooms, or a small shack in the compound for sleeping purposes. Unless they live in another town or work 593 [582] [513]

1: Glacken E-5 (1951-1952) 1953 AC7 Okinawa AC7

512 821 A fishing village has a different kind of regularity than an agricultural village. Activities in both are determined by the weather. During a heavy rain, everyone is in his house. But the farmer, even with a dark angry sky, can work up to the storm, and often continues working in a mild rain. The fishing village is guided both by bad and anticipated bad weather. On a fine fishing day, the village seems deserted with the men gone, and the women in the homes. But several days of rain or unfavorable weather keep the men home, and the village is alive with other activities, such as repairing nets, boats, and houses. Much of the fisherman's work at sea is at night, either in the actual fishing or in going and coming. [513] For this reason, there is considerable daytime sleeping among them. On off days, the young fishermen loll around, often finding it difficult to pass the time away.

9

Conclusion

226 184 Fishing has become the occupation of a few places, such as Itoman town, some villages on the Motobu peninsular, and Minatogawa. Ryukyuans have achieved considerable fame for their skill in fishing in waters other than their own, such as their drive-in net fishing in the East Indies and around Singapore.[3] Possibly it is the fewness of good ports, the necessity of adapting requirements to varying local geographical conditions, such as the coral reefs, or the long period of emigration that have prevented the large scale development of fishing on this island and insured the dominance of an agricultural life.

262 It is also a striking fact that, on this small island where no village is far from the sea, fish is an uncommon article of the diet. The explanation is simple. It is a problem of distribution in which [435] two considerations are involved: the higher prices obtainable in Naha, [251] and the difficulties of preserving fish while distributing them through [439] the rural villages. More often than not, the fish in a farmer's diet is the dried sardine or a canned fish from Japan, not the local catch.

Part 2

The Quarries of Minatogawa-Nagamo

1

Introduction

324 [458] Minatogawa is famous throughout Okinawa for its stone. Stone from the village and its environs may be seen in many towns and villages of the island. Before the war, there was a flourishing boat trade in wood and stone between Minatogawa and the northern region. The fine

3 For a recent statement, see Aquatic resources of the Ryukyu area, as cited, 7-9.

1: Glacken E-5 (1951-1952) 1953 AC7 Okinawa AC7

is bending and stooping, or while his older brother or sister is running or jumping. The ease with which adults sleep is equally remarkable. On buses in Okinawa, I have seen men and women with their heads against window sashes, while the bus bounces over the rough roads. Sharp cracks on the head are unavoidable, and to one unaccustomed to it, would be very painful. But people sleep like this, with their heads knocking against the hard surface of the bus, for miles.

This carrying of the child continues regardless of season. In the winter, coats are put over or around the child's body. One of the obvious and most important facts about Okinawan child rearing is this custom of carrying the child on the back. But it is difficult to say precisely what this importance is. Certainly in this way the child has continuous contact from earliest infancy with the life around him. He is not accustomed to being alone, except for an occasional hour during the day when he may sleep on a blanket. At night he sleeps with his mother. A child does not have to be introduced to the world. He is not shielded in a crib. From early infancy he has seen and been almost every place in the village and learns to know many whom he will know throughout life.

This "public" and community life from earliest infancy is one of the outstanding features of Okinawan culture, a characteristic which it shares with-and which is derived from-Japan. One of the surprises is that despite these contacts with all phases of village experience, the child, as it grows older, becomes quite shy. This is true of boys and girls, and continues in my observation from the age of puberty up to marriage. No person who has had any contact with Okinawans fails to notice this shyness. The Okinawans use the Japanese word hazukashii to describe it, and, in this connection, the meaning is something between a feeling of shyness, self-consciousness, and shame. The shyness often does not disappear until marriage or even until the birth of the first child, when father and mother take their place as mature and responsible adults.

Two recent observers who analyzed the reactions of Okinawans under the stress of war have thought that early and continuous breast feeding is largely responsible for giving the child, from earliest infancy, a sense of security. While this theses was advanced out of intimate experience (mostly in the wartime hospital at Ginoza village), it must, in my opinion, be qualified considerably.[8] The period during which the child is breast fed is but one period in the formative years of childhood. Besides breast feeding is no monopoly of the Okinawans. Neither is carrying on the back confined to them. The period immediately after the child is taken off the back and begins to walk is a difficult one for most children. This

8 See Moloney, James C. Psychiatric observations in Okinawa Shima. The psychology of the Okinawan. Psychiatry 8 (1945), 391-99. Moloney, James C. and Biddle, Charles R. A psychiatric hospital in military government, ibid, 400-01.

pronunciation. The people in Matsuda could distinguish and identify villagers from other places, even though the villages were close to one another.[12] Okinawan is the language of social and everyday life. In Matsuda, it seemed to be supplanted by Japanese more than in the other two villages. Japanese is used in official contacts and in dealing with foreigners. Pre-school children know very little Japanese. Their parents do not teach them the language, and they grow up speaking the village dialect. The only exception is that parents teach the child a few Japanese words of greeting, formalities, and expressions of thanks.

Children lack the toys and playthings they had prior to the war. At present they are a miscellaneous collection of rocks, pieces of wood, tin cans, twigs, branches, and anything which circumstance or childish improvisation can provide. In play, there is a great deal of running and catching, hide and seek, and games like hop scotch. After beginning school, play has a more formal character, with dances, games, and organized athletics.

Sleeping habits, especially those of children, are in part the result of circumstance, in part of custom, and it is difficult to separate the two. Children, often up to the age of 14 or 15, sleep with an older member of the family. In one Hanashiro family, the last born sleeps with the mother and the father until the next child comes. The older children sleep in another room with the grandmother or grandfather. If there are no elder relatives, the whole family may sleep together. This practice frequently is forced by economy and necessity. The war destroyed homes and the rebuilt ones are small. Blankets are expensive. In the better homes before the war, if there were plenty of blankets, rooms, and mosquito nets, children 8 years and over had their own sleeping rooms, or at least their own heavy blanket or cot. The farmer or fisherman does not use a bed or a cot. Now and then they are used by younger adults with a taste for western beds. But even before the war, 15 and 16 year olds often slept with parents or grandparents.

Children from different houses also sleep together after they have begun school. Children come to a house to play, and, when bed time comes, they go to sleep in the house of their playmates. These sleeping groups are common when classmates meet during the evening for study. The village is so small that there is no alarm at a child's absence. An old grandmother living by herself may have many children sleeping with her overnight, sprawled out in various positions on a comforter, protected by the very large mosquito net (kaya) so universal in Okinawa.

12 No attempt was made to study language, linguistics, or dialectical differences. To be profitable, these subjects must be studied by technically trained linguists.

1: Glacken E-5 (1951-1952) 1953 AC7 Okinawa AC7

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The custom of a whole family sleeping together was common, if not universal, before the war. It is the mother or the grandmother, rather than the father or a male relative, whose company is sought after. This does not imply strained relationships with the father. Fathers are not stern. They often take care of infant children, or hold them while the mother tends to household tasks.[13]

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In western industrialized nations, we are so accustomed to the division of labor between the father and the mother, in which the father's work is away from home and the mother takes care of the home and has continuous daily contact with the children, that we might overlook the fact that similar conditions exist in less complex cultures as well. In these rural villages, the father is absent a great deal of the time. He may be in and out of the house several times during the day, he may eat his noon meal at home, or he may stay home several hours at a time doing chores in the courtyard. But the greater part of his time is spent away from home, in the paddy field, the sweet potato patch, at the quarry, or at sea, as the case may be. The father frequently is absent in the evenings, for he has the evening social life. Except for infrequent bus trips to shop in a larger town, a mother's absences from the home are of very short duration. The Okinawan wife and mother is almost always at home, or in a nearby field where here children can find her. A child's chief attachments seem to be to the mother. Though this is an impression, there seems also to be a long period of dependence on the parent. This does not mean dependence for food and shelter, for young men and women soon acquire skills which make them self-reliant. It is a more subtle dependence, but the post-war period may be changing this to some extent because of newer opportunities for leadership among the young.[14]

5

The School Child

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The child enters primary school when he is around 6 years old. His teacher, more likely than not, will be a young man. The child now begins learning the required basic knowledge: the use of the brush or the pen in writing the Chinese character, elementary arithmetic,

13 In Matsuda, in a conversation with six boys ranging in age from 13-15, one of them asked if boys their age in America had separate rooms for sleeping. When told that they did, if this were possible, their response was unfavorable. They said they would be too far away from their mother. All of them wanted to sleep in the same room with their mother.

14 A 70 year old retired school teacher in one village complained that Okinawan children and young people have no independence and are not always relying on their parents for decisions. Age had not brought Confucian orthodoxy to this old man. He could not be accused of blindly insisting on filial obedience.

132 however, shows much less variation. From the low 50's in early winter it rises to the low 80's in midsummer. The relative humidities, having daily means of 70% in January and February and 82% in July and August, may often reach an uncomfortable 96% preceding or following one of the many rain squalls in the hot season.

From January through March, winds blowing from the northwest to north carry cold, damp air from the Asian continent across the East China Sea. Although many houses in Taira are somewhat protected by bushes separating them from the open valley behind, nevertheless, house doors are often kept shut during this coldest part of the year.

March and April offer a pleasant, balanced climate. Winds are east to southeast, rainfall is low, and temperatures reach the high 60's. The rainy season begins in late May and lasts until late June. During these [964] four weeks it sometimes rains steadily for one or two days, and adults are forced to give up working.

Children take shelter during the worst downpours, but they reappear outside even before the rains are over to play in puddles or little streams running down the streets. During this time floods and landslides occur.

Midsummer is often so hot and humid that villagers frequently comment on their discomfort. This is one of the busiest agricultural seasons, but exhaustion causes many people to take naps during noon [961] [513] hours. Work efficiency decreases, and fewer daily trips are made to the mountains. Children also stay at home in the afternoon. It is believed that the heat causes severe headaches. The hot season gradually gives way to a few weeks in late October, November, and early December which correspond in climate to an early fall in northeastern United States.

132 Typhoons are known to have hit Okinawa at almost any time of 731 the year. The most dangerous season for these violent storms, however, with wind velocities of over 50 miles per hour, is from late June [206] until October. An extensive warning system exists, and Taira, though remote and without radio, is notified immediately by telephone of storm warnings, sometimes days in advance. Taira people hardly need such warnings. They can sense the oncoming storm and often predict one correctly before the official forecasts confirm that a storm is approaching the island. Since 1955 was one of the rare years in which no major storm hit the island, no firsthand description can be given. The damage is always considerable, not only to crops and trees but also to houses and other property.

2:Maretzki & Maretzki E-5 (1954-1955) 1983 AC7 Okinawa AC7
Taira

There are no uniform sleeping arrangements. The larger the family, 513
the more corners of the front rooms and rear room are occupied. Since the number of comforters is limited in most families, two or three members of the family share one. Father and mother do not always sleep together, and, even if they do, an infant may sleep between them. When there are several children, another child may sleep next to the father, so that in one row there may be mother, a baby, father, and an older child. One or two children usually sleep with the grandmother in another corner. In several families an older sister may sleep with younger brothers; in others, two elder brothers, or an older sister and an older brother, may sleep next to each other. Children do not usually sleep at other people's houses, but when they reach junior high school age, a girl may stay with a girl friend or a group of boys may sleep together at one house.

A simple desk and chair are kept in each house where children go to 352
school. These are put in one corner of the front room, except in large houses with a third room in front, which is reserved for schoolchildren of the house, who also sleep there. Around the study corner, books are 353
kept on a crate or shelf. Only the biggest houses have a niche in their "first" room. Paintings and scrolls, used to decorate alcoves before the war, have been lost, and few people have acquired replacements. Many families decorate rooms by pasting pictures from magazines and newspapers on the walls. Some have reproductions of the Japanese Crown Prince Akihito, others scenic pictures from Japan.

Only a few recent buildings have inner sliding doors with paper 342
screens. The paper is often left off during the hot season and put on 356
before New Year. If children or cats are around, the splendor does not last long, and even an adult's hand frequently punctures the screen in trying to open the door. Holes are left unrepaired for the remainder of the year.

The eating corner between kitchen and rear room is the place where 342
most families gather in the evening, especially during the winter. An 264
informal caller may join them there. If it is cold, a brazier is put in 354
the center, filled with pieces of charcoal on top of old ashes to provide heat for those sitting around it. These braziers vary in type: the poorest families use the bottom of an oil drum filled with ashes; others use pottery jars or small wooden boxes lined with metal.

Crockery used in most houses is of a simple type. If breakage oc- 415
curs, as it often does, a cup or bowl can be replaced for a few yen at the grocery store. Well-to-do families may have an extra set of teacups, which are used for guests. Several families also own lacquer ware, but it is not in daily use. Like cups and bowls, chopsticks are simple and [412]
inexpensive. They last a long time and are seldom lost. Children do

2:Maretzki & Maretzki E-5 (1954-1955) 1963 AC7 Okinawa AC7
Taira

an empty oxygen bottle with a wooden mallet to mark the time. The noon bell tells people in the fields and mountains that it is time for the midday meal and helps those who have a clock to compare the time. The evening bell indicates that it is time to end the day. Schoolchildren do not need a clock, since they get up early in the morning and go to school soon after, knowing that they are probably early. For most adults, daylight and sun position are enough to tell the approximate hour of the day. Some take arrival and departure of the bus, four times a day, as a point of orientation.

Old women are the first to rise in the morning. Long before dawn during the winter, or with the first light of the summer day, they get up and start a fire to boil sweet potatoes and heat the soybean soup. Blue smoke rising through the thatched roof into the early morning sky indicates that life in the village has begun. Children soon awake. The door is pushed open and a sleepy child appears to urinate off the edge of the house. Men are the last to rise. Considering the effect of the sake which they may have consumed on the preceding evening, it is remarkable that they are able to wake up so soon. By 6:30 the sleepiest person has risen.

The addition of outer clothes to the underclothing in which most people sleep is simple. Cold water splashed over the face and a quick turn at the toothbrush is all the toilet needed to begin a new day.

The task of folding comforters and taking down the mosquito net falls to one of the older children or to the mother. Older children and young girls help to carry water from the tank, the first task that has to be done after getting up. After breakfast, women feed the pigs. By about 7 o'clock everybody is ready for work. On a good day people leave for the mountains or start toward their fields—schoolchildren are on their way, too.

By 8 o'clock, except during very poor weather, the village is left to the old people and young children. Little boys and girls hang around, waiting for kindergarten to start at 9 o'clock. Play begins for them after they leave the house in the morning and does not end until evening.

For men and women, the routine of work in fields and forests is prescribed by seasonal activities which demand their special attention, but there are daily chores, such as digging potatoes, picking vegetables, and collecting feed for the animals and firewood for cooking. Only a few men who go to the mountains, taking their midday meal along, are away all day. The rest come and go during the day from the rice paddies, potato fields, or forests, so that there is repeated contact between children and their parents. A young child, even if left in the

soup. Nothing is wasted and leftovers are kept for the next meal. The majority of people are fast eaters, and chopsticks move from bowl to mouth quickly and deftly. Some families eat silently, others enjoy talking during the meal.

Before and after full moon, people like to go out after supper and gather in small groups by the store to talk and smoke or to visit each other. Less running back and forth is observed during dark nights. There is also a seasonal variation in that respect. On cold winter nights, or when it rains, doors are closed early, and visitors slip into the house by the side kitchen door. On warm nights all houses are open, and one can see people sitting in their living room by the light of a kerosene lamp; passers-by just call over and then go in for a chat. Guests are served tea, bits of brown sugar, and other sweets. Men get together at this time and start talking over a cup of sake. A relative or neighbor, bottle in hand, walks in and joins the party. Here and there somebody pulls a samisen out of the corner and starts singing.

Evenings are also the time for village meetings, finance group meetings, family gatherings, and other formal get-togethers. Several times during the week a light shines from the village office or the store office, where some of the village leaders meet to discuss community affairs. In the winter, household-head meetings or other general meetings are called for 8 o'clock; in the summer they do not start until 9 o'clock. In the absence of clocks, few meetings ever start on time.

The young men and women have their get-togethers at the clubhouse in Udenaha. Both sexes attend, sometimes for lectures by a village official on village affairs, sometimes for lessons in bookkeeping and the use of the abacus in business, for which one village leader dedicates his time, or for other educational purposes. Once a week they have a social evening with discussion and sometimes folk dances. On nights when no meetings are scheduled, young men gather at someone's house to smoke, drink, or sing together. If enough sake is available, parties can become noisy. Occasionally a fight or quarrel starts later in the evening after everybody has drunk steadily. Such interruptions on quiet evenings are rare and seldom occur more than once or twice a month. Loud singing at midnight or later, a group of gay men knocking on somebody's door, these are the only disturbances an early sleeper may experience if a party is held somewhere.

By 11 o'clock mosquito nets are hung in the rooms and comforters spread on the floor. Except in the house where men gather to drink, quiet descends over the village around that time. Individuals, however, may be seen until long after midnight. Taira goes to sleep late, and although people claim that everyone gets eight hours of sleep, it

512 513 is more likely that the majority of adults have to be satisfied with six and a half hours.

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Chapter 3

Basic Economy

INTRODUCTION

241 433 Taira depends on its fields and forests for a living. Rice and the sweet potato are the principle staple crops; wheat, beans, and vegetables are additional subsistence crops. Firewood and building materials, sugar, pineapple, and silk are main sources of cash. Tea is raised for home consumption.

311 [943] [949] Since the few rivers around Taira are short and the valleys narrow, the area available for wet rice cultivation is limited. Farm land for sweet potatoes is also not too abundant in this mountainous region and is located either on the gently sloped hills or on a few plateaus between valleys. Here and there it rises on skillfully terraced steps along the steep sides of mountains.

311 423 241 [933] The size of land holdings and the quality of soil partly determine whether a family is able to grow additional cash crops or merely subsist. The average holding for each family is about 5 acres of rice land and 6 acres of other farming land. Yet it is important to note that the range and quality of this land vary widely. Some families own only 1½ acres of rice land and an acre of other farm land, while others own as much as 14 acres of rice land and 12 acres of other farm land; good rice paddies produce three times the quantity of poor ones and are wet enough to allow for two crops per year. Of the 141 families questioned, [511] only 15 grew enough rice to be self-sufficient; 123 had to buy extra rice, and only two families raised a surplus for sale. All families grew enough vegetables for home use, and only 18 bought sweet potatoes. Sixty families grew a surplus of vegetables and 16 a surplus of sweet potatoes. [433]

2:Maretzki & Maretzki E-5 (1954-1955) 1963 AC7 Okinawa AC7
Taira

cash income, earned by several adult members in joint work, or equal to about one half of a teacher's monthly salary. The girl brings a dowry consisting of furniture, household utensils, and other things, so, as one person said, the groom is repaid in one form or another. In former times the men had to pay a fine to the parents of the bride if she married out of the village (Suttles, personal communication; Tamura, 1927 translation:44).

Even under present conditions the wedding ceremony is colorful compared to most other private ceremonies. All guests attend in their best clothes and the bride wears a special kimono and a special wig hair dress. She is seated next to the groom, who wears Western-style clothes instead of the traditional silk kimono. The whole ceremony is presided over by the go-betweens. While preliminaries take place, the bride sits almost motionless. Her face expresses what Glacken describes as "undescribable gloom" (1955:218). This continues even through the climax of the event, the ceremonial exchange of wine which symbolizes the union of the participants. During this part of the ceremony the guests, who have been enjoying food and sake and talking amicably, give this moment a solemn meaning by their silence. Speeches by the go-between and other notables follow. The virtue of the bride and her family and of the groom are told and acknowledged by a thank-you address by the groom. Parents of the couple sit close to them but have no other function than to accept congratulations. The bride then goes around introducing herself to the guests.

Children are not present at this event. They line up outside the house and peek through openings to see the bride and watch the guests, who start dances as soon as good food and wine take effect. After the formal part of the wedding, the feast ends like any such event in the village—with great gaiety. The bride acts as hostess; she changes from her kimono and heavy hair dress into more suitable clothes and sees that the guests are well taken care of. The length of this feast depends, of course, on how much food and drink the family is able to provide. Finally, when all guests have left, the bride and groom retire to the bedroom which has been reserved for them, sometimes furnished with one or two pieces, a chest of drawers or a Western-style closet supplied by the bride's family. The bride also provides the comforter for the marriage bed. Friends of the groom may play a prank and replace the normal-sized comforter with a small one, "so that the marriage is consumated quicker," as they say.

Sexual relations between husband and wife are not discussed in public except in jocular references. In spite of the intimacy of household members in the confinement of a small house, one attempts to

862 into their term, but one mother reported that she nursed her first son
[853] until the day before the second was born. Curiously, the determination
[861] with which mothers wean contrasts sharply with their very indulgent nurturant handling of the young child, who now encounters a period of withdrawal.

There is a month-long period of what seems, to the observer, indecision and vacillation on the part of the mother. The child is refused the breast, but, if he persists and becomes vociferous in his protests, the mother nurses him. She and others present, however, are no longer solicitous and protective. Derisive comments are directed against him, and, finally, at the end of the month drastic steps are taken. When mothers stated in their interviews that it took four or five days to wean, it usually meant after the final drastic measures were taken.

[513] The child who has slept beside his mother from birth is simply put to sleep with an aunt, grandmother, grandfather, father, or older sibling. In some instances an overnight trip to the city proves extremely convenient for the mother, who leaves the child behind instead of taking him with her as usual. If merely denying the breast does not work, big patches of black paper used for toothaches, backaches, and bruises are pasted on the chest, and the baby is told that the mother is suffering from pain there. "The black paper frightens them and we pretend to wince with pain if the child tries to nurse," report mothers. The black paper proves to be very effective. When this device is not used, another similarly drastic in nature is resorted to. Red pepper or bitter medicine is rubbed into the breast so that the child attempting to suckle is promptly punished with a very unpleasant burning sensation. Frequently a combination of these techniques is applied to wean what a mother terms a very difficult child.

[861] Shaming is a technique that is directed not only to the child but also to the mother. "Ah, shame! Hide the breast," says the mother to the child, or, "Hide, hide, drinking mother's milk!" says she, pulling one end of her blouse flap over the suckling child's head.

On one occasion an old man approached a mother who was nursing her 1-year-old. Immediately the mother pushed the child's head down to acknowledge the elder's presence. The old man, on the other hand, pulled the breast, taking the nipple from the child's mouth. "A big baby! You should not be drinking your mother's milk!" he scolded in a growling voice. As the little girl started to scream and cry, he laughed and, squeezing the breast, squirted milk into her face. The mother laughed with him, then mocked an attack on the old man to pacify the crying child.

Another technique which uses threat to the mother was applied very

2:Maretzki & Maretzki E-5 (1954-1955) 1963 AC7 Okinawa AC7
Taira

brother or big sister" take effect, he is the most miserable creature alive in the village. 866 862

Weaning from the back often occurs at the same time as weaning from the breast; if not it occurs within six months. While this study was being done, eight children between 18 months and 2 years were weaned from the back as well as from the breast. Temper tantrums in which the child would sit down and scream his head off, hurl dirt and stones at his mother, older siblings, or adults who stopped to have a kind word with him or to ridicule him, and incessant whining were symptomatic of the repercussions of abrupt withdrawal. Sulkiness, stubbornness, and tyrannical behavior, however, are short lived. The child finds that although this kind of behavior brought immediate and rewarding responses in the past, he now faces further withdrawal or punishment as a result. The mother impatiently screams back at him to stop crying, and siblings simply leave him behind to keep up with his own pace or drag him along forcibly and uncomfortably, with threats of punishment if he refuses to cooperate. As if to heap more abuse on deprivation, he finds the newly arrived baby the center of the household and taking his place at his mother's breast. He is encouraged and discouraged by turns. "You are an older brother or an older sister. You do not drink your mother's milk now. And see how big you are and such a good child," now encourage visitors. "Come here, hurry!" scream older siblings or mother when he fails to keep in step with them on walks. For about three months the child's bleary eyes, tear-streaked face, and woebegone expression are unquestionable evidences of the most unhappy interval of his childhood.

In an attempt to continue "ruling" the family, he goes into frequent rages. He demands anything and everything in sight, concentrating on the breast and on being carried. Desperately he screams and cries. Finally he sits on the ground and refuses to move. If his caretaker does not pick him up at that point, he will simply lie prone and cry hysterically. Usually adults scream back at him and start walking away, whereupon the child quickly picks himself off the ground and runs after the retreating caretaker. In this way the child's control is broken. Furthermore, he is ridiculed, shamed and scolded for his "babyish" behavior. Only the grandmother, with whom he sleeps at night, responds to his dominating behavior. During the day, he whines, wheedles, and makes numerous demands on her. [513]

Obviously family structure determines in part the severity of the deprivation. The child who lives in a household with a grandmother and perhaps older siblings will have someone to indulge him. The 866 887 603

2:Maretzki & Maretzki E-5 (1954-1955) 1963 AC7 Okinawa AC7
Taira

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wiggles her hips and otherwise makes movements that are not permitted in the classical Okinawan dance.

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Kindergarten children are usually asleep by 8:30 in the winter and 9:00 in the summer. They sleep an average 8 hours. Ten o'clock is considered to be proper bedtime for all people. The village bell is rung to remind everyone that the day has ended. The entire family sleeps on the mattresses spread on the floor with wooden pillows. In winter the heavy quilts are taken down. Children vary in their bedtime. Those who feel tired fall asleep soon after the evening meal. Often the grandparents lie down with the small children. If children accompany parents on a visit, they lie down in their father's or mother's lap, or on the floor to sleep. Since not all adults go to sleep at 10:00, older children may stay up longer, particularly during moonlight nights. Few children take naps except during the summer, when the heat makes everyone drowsy and slows down work during midday. Once in a while a young child goes home to lie down for a nap.

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The kindergarten child's day has been an active and carefree one. He is seldom alone. "Do not play alone, go and play with others. If you play alone, people might think that others dislike you," instruct parents in Taira. Anyone passing a child playing alone would remark, "How lonely he seems." Furthermore, mothers worry about a child being alone "because he is more apt to do naughty things or get into dangerous play."

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A 4- or 5-year-old may sometimes find himself being a caretaker, but generally he is not considered very reliable, and being a "senseless" individual, he is not held responsible by the village for anything that might happen to his charges. It is the mother who is held culpable and is censured in this case.

One mother was severely criticized by her neighbors when she punished her 4-year-old boy for abandoning his 2-year-old sibling. The children had been sent out to play. When the older boy came home for supper, he faced an angry mother who berated him for thinking only of his own pleasure and leaving his little brother on the main road and to the dangers of passing trucks. She spanked the boy, tied his hands and legs briefly, and left the crying child behind when she went to the village store with his younger sibling.

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In another case, a grandmother grumbled about the "laxity" and irresponsibility of the mother. A 5-year-old was carrying her month-old sibling who was sleeping on the back in a twisted position due to loose strappings. "Come here! Your mother, where is she . . . how could she leave this child with you! Almost falling . . . ," the old woman mumbled as she unstrapped the peacefully sleeping baby and

possibly have lowered standards of sanitation. Morale may also be a factor; in the instance just mentioned the morale of the grandmother was undoubtedly better than that of her daughter and daughter-in-law whom she criticized. 863 178

A very small baby may be carried in the arms, but usually it is carried on the back. The mother places it with its belly to her back, its legs spread apart, and its head about at a level with the top of her shoulder. She secures it there with a long sash that runs once under its bottom, makes an X across her chest, passes around its shoulders, and ties in front. A baby is carried most frequently by its mother, but may also be carried a good deal by others, of either sex and any age, grandparents and older siblings being most frequent. The baby may look over the shoulder of its carrier or it may simply sleep, often with its head back and rolling. If it is fretful its carrier may lean forward a bit and jog it to sleep. Larger children may be carried without the sash, by just letting them hang on. Babies are carried about while all sorts of tasks are being performed. 854

Mothers often carry their babies into the fields when they go out to work, but when they are working in the house they may put their babies to sleep on the floor of the house. If a baby is put to sleep on the floor it is made to sleep on its back. Often the hard floor, which may or may not be covered with a thin mat, will cause the back of the baby's head to become flattened, or if the baby constantly turns its head to one side, the head may become assymetrical, but later fills out to assume its normal shape. Some mothers use a small mosquito net on a frame to protect the sleeping baby from insects, but frequently it is uncovered and flies may alight on it. A few mothers use a hammock-like device called 'burank', as a cradle; these are said to be becoming more popular. At night children, especially smaller children, sleep with their parents on quilts on the floor, under the one large net. [513]

Children are expected to learn to walk at about 12 to 14 months. Early walking is a sign of good health so that if a child is late to walk, the parents may worry about it. As Glacken points out, there is an important change in the life of the child at this time. Instead of being carried everywhere on his mother's or older sibling's back, the child is now put down and expected to toddle along behind his mother, who is not always sympathetic when he fails to keep up. This change may be a greater trauma to the child than weaning or toilet-training.[1] 856 866

Children are said to begin talking at about a year and a half. The first words are usually, nowadays, 'o-kaa', o-tō', 'o-baa', the Japanese equivalents of "daddy", "mommy", and "grandma". Parents do not worry if a child is a little late in talking. 856

Childhood: Adult Attitudes Okinawans recognize clearly that children are not capable of participating in most adult activities and indeed appear to regard it as undesirable that they do so. Okinawan attitude contrasts sharply with the "modern" American one that takes 858 [171]

[1] Glacken, 1953, p. 264.

called saki in Okinawan, 'awamori' in Japanese. This drink is sold in several grades and so is Japanese 'sake', but most farmers seem to prefer a rawer, stronger grade of 'awamori'.[1] In most homes 'awamori' is soon offered male guests if they call in the evening, sometimes in the afternoon as well. For festive occasions it is absolutely necessary. Many older men also drink it a bit every evening in small groups or even alone. Older women may drink a little, younger women, unless of the professional class, rarely. 273 [574] [562]

When men drink together they invariably exchange drinks as a gesture of friendship. Generally the friendliness increases with each gesture, stimulating further gestures. Drunkenness is frequent. Different types of behavior among drunks are recognized and labelled appropriately. The 'uma-zake' ("horse-drunk") prances around; the 'buta-zake' ("pig drunk") sleeps; the 'ushi-zake' ("ox drunk") acts belligerent; the 'naki-zake' ("cry drunk") weeps. (These are Japanese terms, incidentally; I did not get native equivalents but assume they exist). But Okinawans who get drunk are mainly just plain friendly drunks; the belligerent drunk is very rare. Burd's description of Miyakoan drunken behavior---the sentimentality and endless expression of gratitude for friendship---would apply equally to the behavior of drunk Okinawans. And as Burd suggests, the reason may lie in the formality and etiquette that governs the relations of the sober; getting drunk is a means of relaxing the usual barriers.[2] The remarkable tolerance Okinawans show to drunks may arise from sympathy in the face of a common need. Drinking is often accompanied by singing and dancing. Men dance individually. Men who behave on most occasions with reserve and formality, may, after drinking a bit, dance with a grace and reckless ease that must be seen to be believed.

Okinawans do not drink water as frequently as Americans and even with the more frequent tea and bottled drinks their total fluid consumption would appear to be considerably less. 271 272

Rest and Sleep Chairs and beds are not usually found in Okinawan homes. Mats serve the function of both. On formal occasions Okinawans kneel. This they may do at the beginning of a formal gathering, but soon they are told to be at ease, which means sitting cross-legged for the men and with the feet to one side for the women. When relaxing at home they may put their feet out in front of them. 352 516

Okinawans sleep on the floor, usually on a quilt ('futon') on the mat and with another put on over them. Often the whole family will sleep between two large quilts and under one large mosquito net suspended from the ceiling. To Americans unused to the floor it seems unbearably hard and the quilt above oppressive; it seems as though the Okinawans want too little below the body and too much above. From infancy on they sleep stretched out supine with a pillow under the head or neck. The pillow may be of cloth stuffed with husks or merely a block of wood. 513

1 This observation is supported by the statement of a distiller interviewed by Lebra.

2 Burd 1952, p. 82.

●513 Ventilation at night may be poor; the sliding doors are usually tightly shut and locked. In larger towns and cities this practice may be explained as due to the prevalence of thieves, but in the country there must be another reason; it is probably the fear of yanakaji or of the kijimunaa. The first, yanakaji, literally "bad winds", are ghosts, who may cause illness. The kijimunaa is a sea-being or tree-being who causes a frightening but harmless sensation of smothering and weight on the chest. These creatures may enter through open doors or windows. According to one informant their entry might be prevented by setting up a butcher knife in the opening but I have not seen it done. (It could only be done for a window; in a door it would be dangerous to the human occupants.)

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In spite of their sleeping with relatively little change in position while in bed, Okinawans seem to be able to fall asleep in a variety of positions and circumstances, in busses and on trucks, in the midst of family activities, with noise and bright lights apparently presenting no obstacles. This ability may be the result of the early experience of sleeping under all sorts of conditions while being carried on the mother's back. There are two restrictions to sleeping. All avoid sleeping with the head oriented west, because that is the way a corpse is oriented. The other is that girls and women must avoid sleeping with the legs separated. Lebra observed one grandmother give her little granddaughter a hard pinch on the thigh for this.

Okinawans recognize that sleep is essential to maintaining the body. After a restless night one may say that he "had insufficient sleep". It has been asserted that the Japanese regard sleep as a luxury rather than as a necessity. This cannot be said of the Okinawans.

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515 171 Cleanliness In care of the body, the Okinawans are among the cleanlier of the world's peoples. They bathe frequently, keep their nails clean by constant trimming, their teeth clean by prolonged morning brushing, and their hair neatly cut or dressed. But they are not as cleanly as the Japanese or at least as the urban Japanese. One reason why they bathe less frequently is that baths are simply less available. Many villages are without public baths. Most farmers must either pour cold water over themselves at their wells or a little hot water warmed in the kitchen. In villages where there are few wells the water must be carried. Another factor may be modesty; nudity is not taken for granted as in Japan, so that one does not strip nude at the well in the daytime. A third factor may be the lack of such highly-developed concepts of ceremonial purity and pollution as exist in Japan. There are no tabus on the activities of menstruating women on Okinawa as there are in Japan, for example.

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291 334 Nudity Pre-school children often play nude. Mothers sometimes appear to be displaying little boys nude to demonstrate their masculinity. Photographs of naked baby boys are popular. Boys may continue to swim nude until eight or so, but girls begin to put on some garment for swimming sooner. Women nurse in public and sometimes work at home with the breasts uncovered. Adults of both sexes may urinate in public, but in such a way that the body may not be seen. Adults do not appear publicly or privately before one another nude. Public bath houses have separate sections for men

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